Health assistance

Welcome day
September 17, 2020
Health insurance
Who and why?

- Non-European students
  - VISA
  - Permit of Stay
  - Health assistance

- European students
  - Health assistance
Who and why?

Students from non-EU countries

Your own private health insurance

Italian National Health Service

Once in Italy

Posta Salute
Who and why?

Students from non-EU countries

Your own private health insurance

• You can purchase a private health insurance for students or extend your family insurance plan.

• Mainly covers expenses for Emergency Room at the hospital.
Who and why?

Students from non-EU countries

- Provides a «Tessera sanitaria» (Italian Health Card).
- Same services provided to Italian Citizens.
- General Practitioner and reduced price for medicine and treatments.
- About 150€/year from January to December.
Who and why?

Students from non-EU countries

Posta Salute

- Integrative insurance and health assistance
Who and why?

Students from EU countries or from Iceland, Lechtestein, Norway and Switzerland

European Health Insurance Card

- Issued by your national health insurance provider
- Free
- Gives access to state-provided healthcare during temporary stay
- Services at same conditions and cost (free in some countries) as for Italian citizens
Emergency assistance.
What if you find yourself in any kind of medical emergency?
If you find yourself in any kind of medical emergency...

- Immediately tell the Teacher (during lesson)
- Call the Emergency Number 118 (toll free)
- Emergency Room (open 24/7)
  - Take your ID card and proof of health insurance with you
If you find yourself in any kind of emergency situation...

118 Medical Emergency Number

112 Emergency Number valid in all EU countries

113 General National Emergency Number (theft, robbery, assault, accident, health emergency)

115 Fire Service
Hi! I’d love to enroll into this programme.

What about covid and healthcare? What are the precautions that I must take?
Travel to Italy in the time of covid

• Please verify the Italian regulation. There are specific indications for citizens coming from particular countries, including
  • Ban (you have to wait for an update of the regulation!)
  • Swab test before/after the arrival
    • Self-declaration
    • Self isolation (quarantine)

• Verify what you must do to travel to Italy!
How to move from airport to Pavia

• If you are required to take self-isolation, you can move
  • Using your private car.
  • By car if the owner lives with you or is part of your family.
  • By taxi.

• If you are required to take self-isolation you cannot take public transport.
What about self-isolation?

- Notify your arrival in Italy to the local Health authority filling the COVID-19 – FIDUCIARY ISOLATION FORM.

- Undergo a 14 days period of self-isolation and health surveillance.

- Covid test might be required for students from specific countries, those students must stay in self-isolation until they receive the result of the test.
Is it possible to take self-isolation in a hotel?

• Yes

• Ideal conditions (dedicated room and bathroom, avoiding any contact with other persons, utilizing a mask when interacting with others, daily sanitization of the room and bathroom) must be guaranteed.
Attend lessons in person or get access to University buildings and facilities

• Use common sense
• Follow prescriptions
Attend lessons in person or get access to University buildings and facilities

• General prescriptions
  • Keep distances (at least 1 m).
  • Wear surgical masks.
  • Use sanitizers to clean hands. Dispensers containing sanitizers are available in facility.
  • Wash hands frequently.

• Signs are present in all facilities.
How to access offices and facilities (laboratories, museums, libraries)

- **Offices**
  - Schedule an appointment via mail or telephone.
  - Use «direct lines».
  - Book an appointment with the «Virtual Help Desk».

- **Facilities**
  - Follow specific guidelines dedicated to each type of facility
    - Fill specific form and send it to the your supervisor to attend laboratories.
    - Book your appointment in libraries.
    - Follow specific indications to visit museums.
EDiSU Colleges

• I have a room in an EDiSU college, what should I do?

• EDiSU activated a «Covid-19 Security Protocol» to regulate the access to colleges and protect students.

If you experience any symptom associated to covid infection, please immediately notify the local health authority (ATS)
Thank you for your attention!